



YOU CAN MAKE A DIFFERENCE BE A COACH!

Fun, life-changing after school programs for girls in grades 3 – 8. Programs combine training for successful completion of a 5K with lessons that develop and build self-esteem. Volunteers are needed at many schools throughout Chester County. Each site requires 2 coaches committed to both days.



If you are interested in learning more about this amazing opportunity, contact **Anne Dale** at adale@ymcagbw.org, or 610-647-9622 ext 2014

Coaches DO NOT have to be runners

Head coaches must be at least 18.
Junior coaches must be at least in 9th grade

Program meets 2 times a week
September 18 – December 8

The Girls on the Run 5K will be held Saturday, December 2 in Downingtown

Coaches (women and men) must attend coach training

Coaches receive all necessary materials and support throughout the program.

YMCA OF GREATER BRANDYWINE

www.ymcagbw.org

ASSOCIATION OFFICE One East Chestnut Street, West Chester, PA 19380 610-643-9622 **BRANDYWINE YMCA** 295 Hurley Road, Coatesville, PA 19320 610-380-9622
JENNERSVILLE YMCA 880 West Baltimore Pike, West Grove, PA 19390 610-869-9622 **KENNETT AREA YMCA** 101 Race Street, Kennett Square, PA 19348 610-444-9622
LIONVILLE COMMUNITY YMCA 100 Devon Drive, Exton, PA 19341 610-363-9622 **OCTORARA PROGRAM CENTER** 104 Highland Road, Suite 1, Atglen, PA 19310 610-593-9622
OSCAR LASKO YMCA AND CHILDCARE CENTER One East Chestnut Street, West Chester, PA 19380 610-696-9622 **UPPER MAIN LINE YMCA** 1416 Berwyn-Paoli Road, Berwyn, PA 19312 610-647-9622
WEST CHESTER AREA YMCA 605 Airport Road, West Chester, PA 19380 610-431-9622