

To learn more or register, visit www.ymcagbw.org/stride

# September 1 Fall registration begins September 18 Spring season begins December 2 STRIDE 5K

YMCA OF GREATER BRANDYWINE

## STRIDE

Sign up to be a STRIDE Coach! It's fun and rewarding.

## A fun, character-building afterschool program for boys in grades 3-8.

STRIDE is a fun afterschool character development and fitness program for boys in grades 3 through 8. Boys have the chance to share their thoughts and opinions about various life topics in a safe, encouraging environment that helps them develop character, while building their running endurance to complete a 5K.

## **STRIDE**

Success + Teamwork + Respect + Inspiration + Determination = Excellence in Character

EARLY BIRD pricing 9/1-9/17. Price increases by \$10 on 9/18.

- Reduced Registration fees if you qualify for Free & Reduced Lunch at school.
  - Proof of qualification required. (Copy of acceptance letter for free & reduced lunch program.)
  - Must register in person at your Y branch.
- Additional FINANCIAL ASSISTANCE IS AVAILABLE –
   Apply at your nearest YMCA of Greater Brandywine branch prior to registration.
- Registration is first-come, first-served, teams fill fast!
- Questions? Email Anne Dale @ <u>adale@ymcaqbw.orq</u> or 610-6479622 x2014

### YMCA OF GREATER BRANDYWINE